

# APPETIZERS

## **SPINACH, ARTICHOKE AND CHEESE DIP**

With garlic pita and nacho chips. **\$17**

## **POTATO CHEESE PEROGIES**

Sautéed onions, bacon and melted three cheese blend garnished with sour cream and green onions. **\$15**

## **DEEP FRIED PICKLES**

Five juicy pickle spears lightly breaded and fried served with our homemade ranch. **\$13**

## **SHRIMP COCKTAIL**

7 chilled tiger shrimp served with cocktail sauce and a lemon wedge. **\$18**

## **MOZZARELLA STICKS**

5 mozzarella sticks lightly breaded and fried served with marinara sauce. **\$11**

## **CALAMARI OREGANATO**

Eight ounces of calamari rings lightly breaded with fresh herbs, served with your choice of our homemade ranch or sweet chili Thai sauce. **\$17**

## **LOBSTER SPINACH DIP**

Lobster, seafood, artichoke and spinach in a three cheese blend served with authentic pita and homemade tortilla chips. **\$19**

## **POTATO SKINS**

8 deep fried potato skins. smothered with a three cheese blend, bacon and slivers of green onions served with sour cream. **\$14**

## **GARLIC BREAD, CHEESE AND ITALIAN HERBS**

4 thick slices of garlic bread topped with three cheese blend baked to perfection. **\$12**

*(Add shredded cheese for additional \$2)*

## **PIZZA BREAD MARINARA &**

## **MOZZARELLA CHEESE**

4 thick slices of bread topped with marinara sauce and mozzarella cheese baked to perfection. **\$12**

## **GUACAMOLE DIP**

Fresh avocado, diced tomatoes, diced red onions, a pinch of salt and freshly squeezed lime juice served with homemade nacho chips. **\$13**

## **COCONUT SHRIMP**

7 pieces of shrimp coated in coconut shavings, and fried to perfection. Served with sweet chili Thai sauce. **\$17**

## **GARLIC HERB FRIED SHRIMP**

7 pieces of jumbo shrimp coated in garlic and herbs, and fried to perfection. Served with ranch. **\$17**

## **MAC & CHEESE BITES**

6 crispy crumb coated macaroni and cheese triangles. Served with marinara sauce. **\$14**

## **TATER KEGS**

6 jumbo tots of shredded potatoes, stuffed with cheddar cheese, bacon, sour cream and chives. Served with ranch. **\$15**

## **SWEET THAI CHICKEN BITES**

7 pieces of fried chicken bites tossed in sweet chili Thai sauce and topped with green onions and sesame seeds. **\$15**

## **FISH BITES**

7 fresh signature breaded fish fingers, served with Tartar sauce and a lemon wedge. **\$15**

## **FIESTA POPPERS**

6 Pieces of red jalapeno pepper halves stuffed with tangy chili cream cheese and wrapped in a crunchy breadcrumb coating. Served with ranch. **\$14**

## **BUFFALO PLANT BASED WINGS**

8 plant based protein seasoned with cayenne pepper and fried to perfection. Served with southwest sauce. **\$16**

## **SAMOSA**

4 fried South Asian pastry with a savoury filling, of spiced potatoes, onions, and peas. Served with tamarind sauce. **\$12**



# FRESHLY MADE TO *Perfection*

## SALADS

### LOUISIANA CAJUN SHRIMP 🥜

Mixed greens, goat cheese, four chilled tiger shrimp tossed in cajun, English cucumbers, onions, grape tomatoes, walnuts, raisins and a lemon wedge tossed in our homemade tangy Italian dressing. **\$22**

### CALIFORNIA 🥜

Mixed greens, goat cheese, grilled chicken breast, English cucumbers, onions, tomatoes, tangerines and walnuts tossed in our homemade Italian dressing. **\$22**

### CAESAR

Crispy California romaine lettuce, bacon and aged parmesan cheese tossed in our creamy caesar dressing, croutons and a lemon wedge. **\$18**

### HOUSE

Mixed greens, onions, grape tomatoes, bell peppers, carrots and English cucumbers served with light balsamic dressing. **\$18**

### GREEK

Mixed greens, onions, grape tomatoes, English cucumbers, kalamata olives and feta cheese served with Greek dressing. **\$18**

### ADD TO ANY SALAD

Tiger Shrimp \$3 (each)

Calamari \$9

Grilled Chicken Breast \$6

Grilled Pacific Salmon \$9

### Louisiana Cajun Shrimp Salad



Louisiana cajun shrimp salad and California salad contain nuts.



# FEATURES

## **BAR6 RIB EYE STEAK FAJITA** )))

Sautéed rib eye steak with onions, green peppers, jalapeño peppers, corn, chili peppers, Italian herbs, taco seasoning, garlic, parmesan cheese and green onions. Served with our homemade rice and tortilla. Substitute rib eye steak with chicken or tiger shrimp. **\$26** (Add shredded cheese for additional \$2)

## **BLACK ANGUS RIB EYE STEAK 12oz**

With garlic mashed potatoes, gravy and steamed vegetables. **\$36**

## **SPICY BUTTER CHICKEN** ))

Fresh garlic, ginger, onions, hot green chilies, honey, cream and tomatoes served with rice or naan. **\$22**

## **LEMON GARLIC SALMON**

Salmon covered in lemon herb and garlic sauce, grilled to flaky perfection. Served with rice and seasonal vegetables. **\$26**

## **STEAK AU POIVRE**

12oz Rib eye steak cooked to your perfection, sauced with mushroom peppercorn gravy served with your choice of mashed potatoes or fresh cut fries. **\$39**

(Add a shot of Hennessy for additional \$7)

## **CHILI FISH SALMON** )))

Garlic, onions, green peppers, hot chili peppers, ginger, tomatoes and spices served with basmati rice pilaf. **\$25**

## **HOMEMADE FISH & CHIPS**

Haddock loin freshly beer battered lightly tossed in Italian herbs fried, served with fresh cut fries, coleslaw, tartar sauce and a lemon wedge. **\$20**

## **BAR6 Rib Eye Steak Fajita**





# RIBS

(Served with fresh cut fries or onion rings and coleslaw)

## HALF OR FULL RACK OF BABY BACK RIBS

Half or full rack of baby back ribs prepared with our smoky BBQ sauce.

Half rack \$25

Full rack \$33

## RIB & WING COMBO

Half rack of baby back ribs prepared with our smoky BBQ sauce and 1 LB jumbo wings with your choice of signature sauce. \$35

### Full Rack Baby Back Ribs



# SLIDER PLATTERS

(Served with fresh cut fries or onion rings)

## BEEF SLIDERS

Three beef sliders with our homemade ranch, onion straws, lettuce, pickles and bacon. \$19

## PULLED PORK SLIDERS

Three slow roasted tender pork sliders smothered in our smoky BBQ sauce topped with onion straws, jalapeño peppers and bacon. \$19

## CHICKEN SLIDERS

Three chicken sliders tossed in medium sauce, topped with onion straws, homemade ranch, lettuce and jalapeño peppers. \$19

### Pulled Pork Slider Platter





# PASSIONATE ABOUT *Pasta*

## LITTLE ITALY

CHOOSE YOUR PASTA - PENNE, LINGUINE OR FETTUCCHINE

(All pastas served with a garlic bread)

### SHRIMP FRA DIAVOLO )))

Sautéed shrimp with garlic, onions, green peppers, chili peppers, Italian herbs and marinara sauce. **\$25**

### ALFREDO WITH CHICKEN TENDERLOIN

Creamy alfredo sauce, mozzarella cheese and Italian herbs topped with pan fried chicken. **\$24**

*(Upgrade to grilled chicken for additional \$2)*

### SEAFOOD PASTA

Four black tiger shrimp and calamari, tossed in a rose sauce, topped with lobster tail. **\$35**

### CARBONARA

Creamy sauce with egg, parmesan cheese, onions and bacon. **\$17**

*(Add pan fried chicken tenderloins for additional \$4)*

*(Add grilled chicken for additional \$5)*

### TRUFFLE MUSHROOM GNOCCHI

Fresh gnocchi made in-house with mushrooms and a truffle cream sauce, topped with parmesan cheese. **\$22**

### BUTTER CHICKEN PASTA

Grilled chicken breast, fresh garlic, onions, hot green chillies, cream and tomatoes, served with penne. **\$23**

### CHICKEN PARMESAN

Breaded chicken breast, topped with tomato sauce and smoked mozzarella. Served with your choice of pasta in marinara sauce. **\$24**

### CREAMY PESTO PASTA

Mushrooms, and sun dried tomatoes tossed in a creamy pesto sauce. Served with your choice of pasta. **\$23**

*(Add pan fried chicken for \$4. Add grilled chicken for \$5)*



**Shrimp Fra Diavolo**



# FIGHT FOR THE *Last Slice*

## PIZZAS

(All pizzas are garnished with Italian herbs and parmesan cheese)

### BAR6 PIZZA

Authentic pizza sauce topped with mozzarella cheese, chicken, onions, mushrooms, goat cheese and jalapeño peppers drizzled with our smoky BBQ sauce. **\$21**

### PEPPERONI

Authentic pizza sauce topped with mozzarella cheese and New York style pepperoni. **\$18**

### HAWAIIAN

Authentic pizza sauce topped with mozzarella cheese, bacon bits, ham and pineapples. **\$20**

### CHICKEN PESTO PIZZA

Pesto sauce topped with mozzarella cheese, red onions, chicken and sun dried tomato. **\$21**

### MEATILICIOUS

Authentic pizza sauce topped with mozzarella cheese, New York style pepperoni, bacon bits, and seasoned beef. **\$21**

### VEGETARIAN

Authentic pizza sauce topped with mozzarella cheese, green peppers, onions, mushrooms and tomatoes. **\$18**

### BUTTER CHICKEN

Butter chicken sauce, mozzarella cheese, onions, chicken and mushrooms. **\$21**

### MAKE IT YOUR WAY

Choose one meat and two veggies. **\$19**  
(Add extra meat for additional \$3)  
(Add extra veggies for additional \$2)

### ADD

Everything bagel seasoning on your crust for \$2

Garlic Dip for \$1

### Make It Your Way



# OUR JUICY BURGERS

## *Sizzle and Enjoy*

## BURGERS

(Served with fresh cut fries or onion rings on a sesame seed bun)

### BAR6 BURGER

Our classic 8oz sirloin burger with bacon, three cheese blend, sautéed mushrooms, lettuce, tomatoes, onions and pickles. **\$23**

### BEEF CLASSIC

Our juicy, lightly seasoned classic 8oz sirloin burger with lettuce, tomatoes, onions and pickles. **\$20**

### CHEESE

Our most famous 8oz sirloin burger with three cheese blend, lettuce, tomatoes, onions and pickles. **\$21**

### INFERNO EXTREME ))))

Our classic 8oz sirloin burger with sautéed onions, mushrooms, green peppers, melted three cheese blend topped with our signature inferno extreme sauce and mayonnaise. **\$24**

### FISH BURGER

Our 4oz Pollock fish patty fried to perfection, topped with coleslaw and tarter sauce. Served on a brioche bun, with a side of fries or onion rings. **\$20**

### HAWAIIAN

Our classic 8oz sirloin burger with marinara sauce, mozzarella cheese, pineapples and bacon. **\$23**

### BUFFALO CHICKEN

Our juicy chicken breast freshly breaded and fried, tossed in our signature buffalo sauce with lettuce, tomatoes, onions and mayonnaise. **\$23**

### FATTY BOB

Double decker burger, each sirloin with melted three cheese blend topped with sautéed onions, bacon and smoky BBQ sauce. **\$28**

### BEYOND THE MEAT BURGER

Our 4oz beyond the meat burger that is grilled to perfection, and topped with sautéed onions, green peppers, mushrooms, and southwest sauce on a sesame bun. **\$18**

### Inferno Extreme Burger

ADD

Cheese \$1

Bacon \$2





# SANDWICH LOVERS

## *Handheld Goodness*

### SANDWICHES

(Served with fresh cut fries or onion rings)

#### BAR6 STEAK

Black Angus steak topped with sautéed green peppers, onions, mushrooms and melted three cheese blend served on a ciabatta bun. **\$23**

#### PULLED PORK

Slow roasted tender pork smothered in our signature smoky BBQ sauce, slices of bacon, topped with our three cheese blend, onion straws and garlic ranch served with coleslaw. **\$22**

#### PULLED CHICKEN

Slow roasted chicken, smothered in our signature tangy BBQ sauce, slices of bacon, topped with our three cheese blend, onion straws and garlic ranch served with coleslaw. **\$22**

#### CHICKEN CLUB

Grilled chicken breast, bacon, lettuce, tomatoes and mayonnaise. Choose white or whole wheat bread. **\$21**

*(Add cheese for additional \$1)*

#### PHILLY CHEESE STEAK

Thin cut steak with mozzarella cheese, sautéed onions, jalapeño peppers and beef gravy served on a ciabatta bun. **\$23**

#### MONTREAL SMOKED MEAT

Served on rye toast topped with mustard. **\$21**



Upgrade  
your side to  
a Salad \$2

Montreal Smoked Meat



# WRAPS

(Served with fresh cut fries or onion rings)

## BAR6 WRAP

Field greens, bacon and chicken with our homemade ranch, bruschetta and three cheese blend. **\$21**

## CHICKEN CAESAR

Romaine lettuce, chicken, bacon, and parmesan cheese tossed in caesar dressing. **\$21**

## PLANT BASED CHICKEN WRAP

Field greens, green peppers, onions, English cucumbers, plant based chicken and bruschetta topped with Italian dressing. **\$18**



BAR6 Wrap

# NACHOS & QUESADILLAS

(Served with salsa and sour cream)

## NACHOS

Tri-colored nacho chips piled high and layered with three cheese blend, taco seasoning, bruschetta, green onions and jalapeños peppers. **\$22**  
*(Add seasoned beef, chicken or pulled pork for additional \$6)*

## CHILI CHEESE NACHOS

Tri-colored nacho chips piled high and layered with our three cheese blend, taco seasoning, homemade chili, bruschetta, green onions and jalapeños peppers. **\$23**

## QUESADILLAS

Flour tortilla stuffed with bruschetta, three cheese blend, corn, taco seasoning and green onions. **\$18**  
*(Add seasoned beef, chicken, pulled pork or shrimp for additional \$6)*

Extra Sour Cream  
or Salsa \$1

Add Fresh  
Guacamole \$2



Chili Cheese Nachos



# JUMBO WINGS

- 1LB **1** Flavour \$20
- 2LB **1** Flavour \$35
- 3LB **2** Flavour \$50
- 4LB **2** Flavour \$62
- 5LB **3** Flavour \$72
- 10LB **5** Flavour \$132

Grilled or Baked wings are deliciously marinated in Italian herbs, garlic, olive oil, parmesan cheese and lemon juice. **Grilled or Baked wings - additional \$1.50 per LB**

**ALL WINGS ARE LIGHTLY DUSTED AND SERVED WITH FRESH CUT FRIES, VEGGIES & DIP**

## HONEY GARLIC

1. **BAR6**- HONEY GARLIC & DRY CAJUN
2. HONEY MIX- HONEY GARLIC & MEDIUM
3. HONEY TWIST- HONEY GARLIC & SWEET CHILI THAI
4. TOM N JERRY- HONEY GARLIC & DILL
5. YOUR CLASSIC- HONEY GARLIC & BBQ
6. 1ST CHOICE- HONEY GARLIC, CREAMY DILL & MANGO CHIPOTLE
7. HONEY GARLIC
8. CHEERLEADER- HONEY GARLIC & XTRA HOT
9. SWEET JERK- HONEY GARLIC & DRY JERK
10. TIMEOUT- HONEY GARLIC & TEX MEX
11. STOOGES- HONEY GARLIC, CREAMY DILL & DRY CAJUN
12. THUMBS UP- HONEY GARLIC, MAPLE & GARLICKY RANCH
13. BUMBLE BEE- HONEY GARLIC & HOT
14. TWINING- HONEY GARLIC & GARLICKY RANCH
15. SELL OUT- HONEY GARLIC, CAESAR & PARMESAN CHEESE
16. HONEY BLUEZ- HONEY GARLIC & BLUE CHEESE
17. TROPHY- HONEY GARLIC & GOLD FEVER
18. CAPTAIN- HONEY GARLIC & TERIYAKI
19. BLUE JAYS- HONEY GARLIC & MAPLE

## BBQ

20. NINJA- BBQ & TERIYAKI
21. BBQ
22. SPIN AROUND- BBQ & HONEY GARLIC
23. SMOKEY DILL- BBQ & CREAMY DILL
24. GOD'S PLAN- BBQ, HONEY GARLIC & LEMON PEPPER
25. MVP- BBQ & GARLICKY RANCH
26. HOME RUN- BBQ & DRY CAJUN
27. CROWD PLEASER- BBQ & SWEET CHILI THAI
28. 3-POINTER- BBQ, MEDIUM & MANGO CHIPOTLE
29. THREE STRIKES- BBQ, MEDIUM & DRY JERK
30. DROP THE GLOVES- BBQ & BLUE CHEESE
31. TOP SHELF- BBQ & GOLD FEVER
32. BENCHWARMER- BBQ & MEDIUM
33. SHOOT YOUR SHOT- BBQ, CAESAR & PARMESAN CHEESE
34. DOUBLE TROUBLE- BBQ & XTRA HOT
35. PERFECT PAIR- BBQ & DRY JERK

## CREAMY

36. HAIL CAESAR- CAESAR & PARMESAN CHEESE
37. POST GAME- CAESAR, PARMESAN CHEESE & HOT
38. IN A PICKLE- CREAMY DILL & CAJUN
39. SIBLINGS- CREAMY DILL, GARLICKY RANCH & HOT
40. JUMP SHOT- CAESAR, GARLICKY RANCH & XTRA HOT
41. HAT TRICK- CAESAR, PARMESAN CHEESE & DRY CAJUN

## MILD ) / MEDIUM ))

42. THE GONZO- MEDIUM & BLUE CHEESE
43. YING YANG- SWEET CHILI THAI & TERIYAKI
44. ROOKIE- MEDIUM & DRY CAJUN
45. TOUCHDOWN- MEDIUM & BUFFALO
46. TOP NOTCH- MILD & SWEET CHILI THAI
47. THAI TWISTED- MEDIUM & SWEET CHILI THAI
48. MAPLE LEAFS- MILD & MAPLE
49. THE NORTH- MEDIUM & MAPLE
50. MEDIUM
51. GAME PLAN- MEDIUM, ITALIAN & PARMESAN CHEESE
52. RIVAL- MEDIUM, MAPLE & BBQ
53. SAY HEY- MEDIUM & RANCH
54. ISLAND FEVER- SWEET CHILI THAI & BLACK PEPPER
55. HOME PLATE- MILD & HONEY GARLIC
56. CHAMPION- MEDIUM, DILL & LEMON PEPPER

## HOT )))

57. FREE AGENT- HOT & DRY GARLIC
58. AMIGOS- HOT & DRY TACO
59. MELTDOWN- HOT & CREAMY DILL
60. HOTLINE BLING- HOT & BLUE CHEESE
61. JERK- HOT JERK

62. FUMBLE- HOT & TERIYAKI
63. DRAFT PICK- HOT & LEMON PEPPER
64. BUDDHA- HOT, BBQ & SOUTHWEST
65. TSUNAMI- HOT, SWEET CHILI THAI & DRY JERK
66. HOT
67. UNDERDOG- HOT JERK & GARLICKY RANCH
68. RAPTOR- HOT & DRY CAJUN
69. SPICY P- HOT, OREGANO & GARLIC POWDER
70. BAD TO THE BONE- HOT & BBQ
71. BREAKAWAY- HOT & GARLICKY RANCH
72. MIXED SIGNALS- HOT & HONEY GARLIC
73. SLAM DUNK- HOT & ITALIAN
74. BUFFALO
75. PENALTY- HOT & MAPLE
76. TRIPLE THREAT- HOT, GOLD FEVER & DRY CAJUN
77. THIRD BASE- HOT, GOLD FEVER & DRY GARLIC

## EXTRA HOT ))))

78. MOBSTER- XTRA HOT & INFERNO EXTREME
79. SCORPION- XTRA HOT & SWEET CHILI THAI
80. CAJUN- HOT CAJUN
81. SHOW STOPPER- HOT CAJUN & ROASTED GARLIC
82. SIZZLING- XTRA HOT, SWEET CHILI THAI & DRY CAJUN
83. TEX MEX- XTRA HOT, INFERNO EXTREME & SOUTHWEST
84. FACE-OFF- HOT CAJUN, GARLICKY RANCH & DRY JERK
85. DOUBLE DRIBBLE- XTRA HOT & GARLICKY RANCH
86. XTRA HOT
87. SPICY DILL- XTRA HOT & CREAMY DILL
88. MAMBA- XTRA HOT, BBQ & INFERNO EXTREME
89. OFFSIDE- XTRA HOT & TERIYAKI
90. THE STING- XTRA HOT & HONEY GARLIC
91. MIXED UP- XTRA HOT, GOLD FEVER & GARLICKY RANCH
92. POWER PLAY- XTRA HOT & DRY CAJUN
93. DEVIL'S WISH- XTRA HOT, GARLICKY RANCH & INFERNO EXTREME
94. HOT MESS- XTRA HOT & DRY GARLIC
95. DO OR DIE- INFERNO EXTREME, SRIRACHA, TEX MEX, ROASTED GARLIC & GARLICKY RANCH
96. STRIKER- INFERNO EXTREME, RANCH & LEMON PEPPER
97. GARLIC EXTREME- INFERNO EXTREME & GARLIC POWDER
98. WINDMILL- XTRA HOT & SWEET N SOUR
99. INFERNO EXTREME- **EXTRA \$2 \*\*\*\*\* ))))**

## FUSION

100. GENERAL 6IX- GENERAL TAO & SESAME SEEDS
101. BUTTER CHICKEN- **EXTRA \$2 \*\*\*\*\* ))**
102. CHENNAI EXPRESS- PINAPPLE CURRY & ROASTED GARLIC
103. SWEET N SOUR
104. 619-SOUR CREAM, PARMESAN & CHILI LIME

## DRY RUB

105. DRY GARLIC
106. LEMON PEPPER
107. SOUTHWEST
108. DRY CAJUN
109. DRY JERK
110. ITALIANO
111. MANGO CHIPOTLE
112. SALT & PEPPER
113. TACO
114. DRY CAJUN & LEMON PEPPER
115. DRY DILL PICKLE
116. ROASTED GARLIC
117. TEX MEX
118. CHILI LIME



# WING FLAVOURS

*Chase the Flavours*



# CHICKEN FINGERS

(Served with fresh cut fries or onion rings)

- 5 Fingers 1 flavour \$15
- 10 Fingers 1 flavour \$25
- 15 Fingers 1 flavour \$36

Choose from 5, 10 or 15 tossed in your choice of signature sauce.



## SIDES

- Half size of fresh cut fries \$7
- Full size of fresh cut fries \$11
- Garlic parmesan fresh cut fries \$13
- Sweet potato fries \$13
- Onion rings \$11
- Garlic parmesan onion rings \$13
- Chili cheese fresh cut fries \$15
- Poutine \$15
- Butter Chicken Poutine \$17
- Smoky BBQ pulled pork cheese fries \$16
- Bowl of coleslaw \$5
- Veggies and dip \$5
- Gravy \$2
- Extra dip \$1

Garlic Parmesan  
Fresh Cut Fries



**BAR6**  
SPORTS & WINGS

Cheer or cheers, we got you!



# DESSERTS

## BAR6 COOKIE

Fresh baked chocolate chip cookie with a scoop of ice cream topped with chocolate syrup and whipped cream. **\$9**

## WHITE RASPBERRY CHEESECAKE

Creamy cheesecake swirled with imported seedless raspberry and pieces of white chocolate baked on chocolate crumbs. Topped with whipped cream and white chocolate shavings. **\$10**

## CHOCOLATE FUDGE CAKE

Moist fudge cake with rich chocolate fudge icing and chocolate crunch. **\$10**

## GODIVA DOUBLE CHOCOLATE CHEESECAKE

Rich Godiva® cheesecake baked with chunks of milk chocolate topped with chocolate mousse chocolate ganache and chocolate whipped cream. **\$10**

## WILD STRAWBERRY CHEESECAKE

Strawberry and plain cheese together on a graham cracker crumb, topped with a layer of wild strawberry mousse and white chocolate shavings. **\$10**

## DUTCH APPLE CHEESECAKE

Creamy cheesecake swirled with baked apples and topped with brown sugar cinnamon streusel and caramel. **\$10**

### Godiva Double Chocolate Cheesecake



All desserts contain milk, soy, wheat and eggs.



BAR6 Cookie and Dutch Apple Cheesecake contain nuts.