

APPETIZERS

SPINACH, ARTICHOKE & CHEESE DIP \$17

Served with garlic pita and homemade tortilla chips.

LOBSTER SPINACH DIP \$19

A blend of lobster, artichoke, and spinach with three cheeses. Served with garlic pita and homemade tortilla chips.

HOMEMADE MOZZARELLA STICKS \$15

Four marble mozzarella sticks, lightly breaded and fried. Served with marinara sauce.

COCONUT SHRIMP \$17

Seven shrimps coated in coconut shavings and fried to perfection. Served with sweet Thai chili sauce.

SWEET THAI CHICKEN BITES \$15

Seven fried chicken bites tossed in sweet Thai chili sauce, topped with green onions and sesame seeds.

NACHOS \$22

Tri-coloured homemade tortilla chips layered with a three-cheese blend, taco seasoning, bruschetta, green onions, and jalapeño peppers.
Add seasoned beef, chicken, or pulled pork for \$6.

CALAMARI OREGANATO \$17

Eight ounces of calamari rings, lightly breaded with fresh herbs. Served with garlicky ranch dressing.

GUACAMOLE DIP \$16

Fresh avocado mixed with diced tomatoes, red onions, a pinch of salt, and freshly squeezed lime juice. Served with homemade tortilla chips.

SHORT RIBS \$24

Succulent, tender beef ribs, perfectly seasoned and marinated. Served with onions and green chilies on a sizzling plate.

MUSSELS \$22

Choose your preparation style:
Thai Coconut: Fresh mussels in a creamy coconut milk base with aromatic Thai spices.

Tomato Caper: Fresh mussels paired with the vibrant flavours of tomatoes and tangy capers.

Garlic White Wine: Mussels cooked with garlic, onions, cherry tomatoes, and white wine for a delicate flavour profile.

All mussels are served with side of grilled garlic bread.

Menu

SALADS

HOUSE \$18

Mixed greens, onions, cherry tomatoes, bell peppers, carrots, and English cucumbers. Served with a light balsamic dressing.

GREEK \$18

Mixed greens, onions, cherry tomatoes, English cucumbers, Kalamata olives, and feta cheese. Served with Greek dressing.

CAESAR \$18

Crispy California romaine lettuce, bacon, and aged Parmesan cheese, tossed in creamy Caesar dressing with croutons and a lemon wedge.

CHICKEN COBB \$25

A hearty combination of fresh greens, grilled chicken, crispy bacon, cherry tomatoes, soft-boiled eggs, creamy avocado, tangy blue cheese, and a zesty vinaigrette.

ROASTED BEET SALAD \$18

Tender arugula, savory roasted beets, and goat cheese, elegantly finished with a drizzle of house-made white balsamic dressing.

SIDES

- HALF SIZE OF FRIES \$7**
- FULL FRIES \$11**
- GARLIC PARMESAN FRIES \$13**
- SWEET POTATO FRIES \$13**
- ONION RINGS \$11**
- GARLIC PARMESAN ONION RINGS \$13**
- POUTINE \$15**
- BOWL OF COLESLAW \$5**
- VEGGIES AND DIP \$5**
- GRAVY \$2**
- EXTRA DIP \$1**

CHICKEN FINGERS

5 Fingers 1 Flavour \$15
10 Fingers 1 Flavour \$28

SERVED WITH FRIES OR ONION RINGS.

PIZZA

ALL PIZZAS ARE GARNISHED WITH ITALIAN HERBS AND PARMESAN CHEESE.

BAR6 PIZZA \$21

Authentic pizza sauce topped with mozzarella cheese, chicken, onions, mushrooms, goat cheese, and jalapeño peppers, drizzled with smoky BBQ sauce.

PEPPERONI \$18

Authentic pizza sauce topped with mozzarella cheese and New York-style pepperoni.

VEGETARIAN \$18

Authentic pizza sauce topped with mozzarella cheese, green peppers, onions, mushrooms, and tomatoes.

MEATILICIOUS \$21

Authentic pizza sauce topped with mozzarella cheese, New York-style pepperoni, bacon bits, and seasoned beef.

LAMB PIZZA \$29

Spiced minced lamb, creamy Havarti cheese, vibrant arugula, and juicy cherry tomatoes, finished with a zesty lemon tahini dressing.

WINGS/RIBS

1LB	1 Flavour	\$20
2LB	1 Flavour	\$35
3LB	2 Flavours	\$50
4LB	2 Flavours	\$62
5LB	3 Flavours	\$72
10LB	5 Flavours	\$132

ALL WINGS ARE LIGHTLY DUSTED AND SERVED WITH FRIES, VEGGIES & DIP.

Grilled or Baked wings are deliciously marinated in Italian herbs, garlic, olive oil, parmesan cheese and lemon juice.

Grilled or Baked wings: Extra \$1.50 per LB

HALF OR FULL RACK OF BABY BACK RIBS

Half or full rack of baby back ribs prepared with our smoky BBQ sauce. Served with fries or onion rings and coleslaw.

Half Rack \$25
Full Rack \$33

RIB & WING COMBO \$35

Half rack of baby back ribs prepared with our smoky BBQ sauce and 1LB jumbo wings with your choice of signature sauce. Served with fries or onion rings and coleslaw.



HANDHELDS

SERVED WITH FRIES OR ONION RINGS.

BEEF SLIDERS \$19

Three beef sliders with homemade ranch, onion straws, lettuce, pickles, and bacon.

PULLED PORK SLIDERS \$19

Three slow-roasted, tender pork sliders smothered in smoky BBQ sauce, topped with onion straws, jalapeño peppers, and bacon.

CHICKEN SLIDERS \$19

Three chicken sliders tossed in medium sauce, topped with onion straws, homemade ranch, lettuce, and jalapeño peppers.

BAR6 BURGER \$23

A classic 8oz sirloin burger with bacon, aged white cheddar, sautéed mushrooms, lettuce, tomatoes, onions, and pickles.

BEEF CLASSIC BURGER \$20

A juicy, lightly seasoned 8oz sirloin burger with lettuce, tomatoes, onions, and pickles. Add cheese for \$1.

SPICY CHICKEN BURGER \$20

A zesty spicy chicken sandwich featuring tender chicken, crisp lettuce, and a kick of heat from our signature spicy mayo.

PULLED PORK SANDWICH \$22

Slow-roasted, tender pork smothered in smoky BBQ sauce, topped with bacon, a three-cheese blend, onion straws, and garlic ranch. Served with coleslaw.

CHICKEN CLUB SANDWICH \$21

Grilled chicken breast, bacon, lettuce, tomatoes, and mayonnaise. Served on your choice of white or whole wheat bread. Add cheese for \$1.

BAR6 STEAK SANDWICH \$25

Black Angus steak topped with sautéed onions, mushrooms, and a three-cheese blend, finished with homemade horseradish mayo. Served on a ciabatta bun.

CHICKEN CAESAR WRAP \$21

Romaine lettuce, chicken, bacon, and Parmesan cheese tossed in Caesar dressing.

PLANT-BASED CHICKEN WRAP \$18

Field greens, green peppers, onions, English cucumbers, plant-based chicken, and bruschetta, topped with Italian dressing.

CHICKEN AVOCADO WRAP \$21

Chicken, tomatoes, feta cheese, avocado, and homemade herb mayo.

FEATURES

HOMEMADE FISH & CHIPS \$20

Fresh haddock loin, beer-battered and fried to perfection. Served with fresh-cut fries, coleslaw, tartar sauce, and a lemon wedge.

BAR6 RIB EYE STEAK FAJITA \$30

Sautéed rib eye steak with onions, green peppers, jalapeño peppers, corn, chili peppers, Italian herbs, taco seasoning, garlic, Parmesan cheese, and green onions. Served with homemade rice and a tortilla. Substitute rib eye steak with chicken. Add shredded cheese for \$2.

12oz RIBEYE STEAK WITH CHIMICHURRI SAUCE \$44

Grilled 12oz ribeye steak served with garlic mashed potatoes, rich gravy, steamed vegetables, and a side of our homemade chimichurri sauce.

MADRAS CHICKEN CURRY \$21

A rich and aromatic South Indian dish, featuring chicken cooked in a flavorful blend of spices. Served with rice, mango chutney, and papadum.

SALMON WITH YELLOW BUTTER LIME SAUCE \$26

Succulent pan-seared salmon served over a bed of tender spinach and fluffy basmati rice, finished with our signature homemade yellow butter lime sauce.

DESSERTS

BAR6 COOKIE \$9

Freshly baked chocolate chip cookie served with a scoop of ice cream, drizzled with chocolate syrup, and topped with whipped cream.

CHOCOLATE FUDGE CAKE \$10

Moist fudge cake layered with rich chocolate fudge icing and topped with chocolate crunch.

GODIVA DOUBLE CHOCOLATE CHEESECAKE \$10

Rich Godiva® cheesecake baked with chunks of milk chocolate, topped with chocolate mousse, chocolate ganache, and chocolate whipped cream.

WILD STRAWBERRY CHEESECAKE \$10

A blend of strawberry and plain cheesecake on a graham cracker crust, topped with wild strawberry mousse and white chocolate shavings.

CRÈME BRÛLÉE \$11

A decadent dessert featuring rich, creamy custard with a caramelized sugar crust.

PASTAS

CHOOSE YOUR PASTA
PENNE, LINGUINE OR FETTUCCINE
ALL PASTAS ARE SERVED WITH
GARLIC BREAD.

ALFREDO WITH CHICKEN TENDERLOIN \$24

Creamy Alfredo sauce, mozzarella cheese, and Italian herbs, topped with pan-fried chicken. Upgrade to grilled chicken for an additional \$2.

CARBONARA \$18

A creamy sauce with egg, Parmesan cheese, onions, and bacon. Add: Pan Fried Chicken Tenderloins \$4 or Grilled Chicken \$5

JERK CHICKEN MAC \$20

Tender pieces of jerk chicken nestled in creamy macaroni and cheese, finished with a melted layer of our three-cheese blend.

LOBSTER RAVIOLI \$28

Tender pasta parcels filled with decadent lobster meat, paired with cherry tomatoes and enveloped in a luxurious garlic butter sauce.

BUTTERNUT SQUASH AGNOLOTTI \$22

Delicate butternut squash-filled agnolotti bathed in a velvety maple-infused butter sauce, garnished with spicy toasted walnuts and grated Parmesan.

LEMON GARLIC WHITE WINE \$18

Lemon-infused garlic white wine sauce with mushrooms, spinach, and cherry tomatoes. Topped with grated Parmesan. Add: Grilled Chicken \$5

If you have a moment,
we'd greatly appreciate it if
you could leave a review.
Thank you so much!



MISSISSAUGA

WINGS/RIBS

1LB 1 Flavour	\$20	4LB 2 Flavour	\$62
2LB 1 Flavour	\$35	5LB 3 Flavour	\$72
3LB 2 Flavour	\$50	10LB 5 Flavour	\$132

ALL WINGS ARE LIGHTLY
DUSTED AND SERVED
WITH FRESH CUT FRIES,
VEGGIES & DIP

HALF OR FULL RACK OF BABY BACK RIBS

Half or full rack of baby back ribs prepared with our smoky BBQ sauce.

Half Rack | Full Rack

RIB & WING COMBO

Half rack of baby back ribs prepared with our smoky BBQ sauce and 1LB jumbo wings with your choice of signature sauce. Served with fresh cut fries or onion rings and coleslaw.

HONEY GARLIC

1. BAR6-HONEY GARLIC & DRY CAJUN
2. HONEY MIX-HONEY GARLIC & MEDIUM
3. HONEY TWIST-HONEY GARLIC & SWEET CHILI THAI
4. TOM N JERRY-HONEY GARLIC & DILL
5. YOUR CLASSIC-HONEY GARLIC & BBQ
6. 1ST CHOICE-HONEY GARLIC, CREAMY DILL & MANGO CHIPOTLE
7. HONEY GARLIC
8. CHEERLEADER-HONEY GARLIC & XTRA HOT
9. SWEET JERK-HONEY GARLIC & DRY JERK
10. TIMEOUT-HONEY GARLIC & TEX MEX
11. STOOGES-HONEY GARLIC, CREAMY DILL & DRY CAJUN
12. THUMBS UP-HONEY GARLIC, MAPLE & GARLICKY RANCH
13. BUMBLE BEE-HONEY GARLIC & HOT
14. TWINING-HONEY GARLIC & GARLICKY RANCH
15. SELL OUT-HONEY GARLIC, CAESAR & PARMESAN CHEESE
16. HONEY BLUEZ-HONEY GARLIC & BLUE CHEESE
17. TROPHY-HONEY GARLIC & GOLD FEVER
18. CAPTAIN-HONEY GARLIC & TERIYAKI
19. BLUE JAYS-HONEY GARLIC & MAPLE

BBQ

20. NINJA-BBQ & TERIYAKI
21. BBQ
22. SPIN AROUND-BBQ & HONEY GARLIC
23. SMOKEY DILL-BBQ & CREAMY DILL
24. GOD'S PLAN-BBQ, HONEY GARLIC & LEMON PEPPER
25. MVP- BBQ & GARLICKY RANCH
26. HOME RUN-BBQ & DRY CAJUN
27. CROWD PLEASER- BBQ & SWEET CHILI THAI
28. 3-POINTER-BBQ, MEDIUM & MANGO CHIPOTLE
29. THREE STRIKES-BBQ, MEDIUM & DRY JERK
30. DROP THE GLOVES-BBQ & BLUE CHEESE
31. TOP SHELF-BBQ & GOLD FEVER
32. BENCHWARMER-BBQ & MEDIUM
33. SHOOT YOUR SHOT-BBQ, CAESAR & PARMESAN CHEESE
34. DOUBLE TROUBLE-BBQ & XTRA HOT
35. PERFECT PAIR-BBQ & DRY JERK

CREAMY

36. HAIL CAESAR-CAESAR & PARMESAN CHEESE
37. POST GAME-CAESAR, PARMESAN CHEESE & HOT
38. IN A PICKLE-CREAMY DILL & CAJUN
39. SIBLINGS-CREAMY DILL, GARLICKY RANCH & HOT
40. JUMP SHOT-CAESAR, GARLICKY RANCH & XTRA HOT
41. HAT TRICK-CAESAR, PARMESAN CHEESE & DRY CAJUN

MILD / MEDIUM

42. THE GONZO-MEDIUM & BLUE CHEESE
43. YING YANG-SWEET CHILI THAI & TERIYAKI
44. ROOKIE-MEDIUM & DRY CAJUN
45. TOUCHDOWN- MEDIUM & BUFFALO
46. TOP NOTCH-MILD & SWEET CHILI THAI
47. THAI TWISTED-MEDIUM & SWEET CHILI THAI
48. MAPLE LEAFS-MILD & MAPLE
49. THE NORTH-MEDIUM & MAPLE
50. MEDIUM
51. GAME PLAN-MEDIUM, ITALIAN & PARMESAN CHEESE
52. RIVAL- MEDIUM, MAPLE & BBQ
53. SAY HEYY-MEDIUM & RANCH
54. ISLAND FEVER-SWEET CHILI THAI & BLACK PEPPER
55. HOME PLATE-MILD & HONEY GARLIC
56. CHAMPION-MEDIUM, DILL & LEMON PEPPER
57. GENERAL 6IX-GENERAL TAO & SESAME SEEDS

HOT

58. FREE AGENT-HOT & DRY GARLIC
59. AMIGOS-HOT & DRY TACO
60. MELTDOWN-HOT & CREAMY DILL
61. HOTLINE BLING-HOT & BLUE CHEESE
62. JERK-HOT JERK
63. FUMBLE-HOT & TERIYAKI
64. DRAFT PICK-HOT & LEMON PEPPER
65. BUDDHA-HOT, BBQ & SOUTHWEST
66. TSUNAMI-HOT, SWEET CHILI THAI & DRY JERK
67. HOT
68. UNDERDOG-HOT JERK & GARLICKY RANCH
69. RAPTOR-HOT & DRY CAJUN
70. SPICY P-HOT, OREGANO & GARLIC POWDER
71. BAD TO THE BONE-HOT & BBQ
72. BREAKAWAY-HOT & GARLICKY RANCH
73. MIXED SIGNALS-HOT & HONEY GARLIC
74. SLAM DUNK-HOT & ITALIAN
75. BUFFALO
76. PENALTY-HOT & MAPLE
77. TRIPLE THREAT-HOT, GOLD FEVER & DRY CAJUN
78. THIRD BASE-HOT, GOLD FEVER & DRY GARLIC

EXTRA HOT

79. MOBSTER-XTRA HOT & INFERNO EXTREME
80. SCORPION-XTRA HOT & SWEET CHILI THAI
81. CAJUN-HOT CAJUN
82. SHOW STOPPER-HOT CAJUN & ROASTED GARLIC
83. SIZZLING-XTRA HOT, SWEET CHILI THAI & DRY CAJUN
84. DIRTY COWBOY-XTRA HOT, INFERNO EXTREME & SOUTHWEST
85. FACE-OFF-HOT CAJUN, GARLICKY RANCH & DRY JERK
86. DOUBLE DRIBBLE-XTRA HOT & GARLICKY RANCH
87. XTRA HOT
88. SPICY DILL-XTRA HOT & CREAMY DILL
89. MAMBA-XTRA HOT, BBQ & INFERNO EXTREME
90. OFFSIDE-SWEET CHILLI THAI, INFERNO, CAESAR AND PARMESAN
91. THE STING-XTRA HOT & HONEY GARLIC
92. MIXED UP-XTRA HOT, GOLD FEVER & GARLICKY RANCH
93. POWER PLAY-XTRA HOT & DRY CAJUN
94. DEVIL'S WISH-XTRA HOT, GARLICKY RANCH & INFERNO EXTREME
95. HOT MESS-XTRA HOT & DRY GARLIC
96. DO OR DIE-INFERNO EXTREME, SRIRACHA, TEX MEX, ROASTED GARLIC & GARLICKY RANCH
97. STRIKER-INFERNO EXTREME, RANCH & LEMON PEPPER
98. GARLIC EXTREME-INFERNO EXTREME & GARLIC POWDER
99. WINDMILL-XTRA HOT & SWEET CHILLI THAI
100. INFERNO EXTREME-EXTRA \$2 *****

DRY RUB

101. DRY GARLIC
102. LEMON PEPPER
103. SOUTHWEST
104. DRY CAJUN
105. DRY JERK
106. ITALIANO
107. MANGO CHIPOTLE
108. SALT & PEPPER
109. TACO
110. DRY CAJUN & LEMON PEPPER
111. ROASTED GARLIC
112. TEX MEX
113. CHILLI LIME